

Silver Training Schedule

"Pick any 2 Practices"

Monday

5:00 - 6:00 pm @ WFCU

Wednesday

5:00 - 6:00 pm @ WFCU

Friday

5:00 - 6:00 pm @ WFCU

Tuesday

5:00 - 6:00 pm @ WIATC

Thursday

5:00 - 6:00 pm @ WIATC